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SOS
810 N. Silver St
Silver City, NM 88061
575-956-6131
575-956-6947
Medicaid ID: YIF905363185

Use Note Creation Time
Clear Time
Set Date/Time
6/24/2023

Fiorentino, Charles
ID: 1000010713573 DOB: 6/10/1971

Group Therapy Note (SOS)

Time spent face to face with patient and/or family and coordination of care: 240 min
Session start: 10:00 AM
Session end: 2:00 PM

Session Remarks:
Therapy Type:
Recreational Therapy
Group was facilitated by Jeffrey Finer, CPSW, Lawren Davenport, CPSW, and Christina Wolford, LCSW

Group Type:
Activity Therapy: Activity Therapy includes a variety of activities designed to help the group members learn more about themselves, problem solve, express feelings in appropriate ways, reduce stress and improve relationships with others. Today's activity involved nature. Participants engaged in a scavenger hunt while on an outing in the forest. The group engaged in soaking at the hot springs and discussing the experience of camping as related to improving function in socialization and recreation as a way to reduce anxiety and depressive symptoms. Peers coached participants through learning rules, safety, group meal prep and eating, and planning.

Present Today:
Present at today's session were the following:
Ten members of the group were present today.

Group Leader Interventions:
Group Leader facilitated discussion about building self esteem.
Involved all Group
Extrapolated to Life

Plan:
Continue group in order to develop coping skills needed for life.

Individual Remarks:

Participation:
Charles was active today and participated fully in discussions today.

Behavior:
He presented as perceptive and insightful. Charles shared his feelings about today's activity with the group. He encouraged others while listening with purpose. Charles shared some of the skills he is learning in IOP.

Stage of Change:
Action

Service Location
Turn

Audit Log
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